

New Life Outreach  
Lesson Five  
Honesty

**The Power of Honesty:** There is great power in honesty. Honesty puts us in touch with truth, and it's truth that sets "us free" is what Jesus said. When we face squarely what is true about ourselves, we are no longer bound by lies and denials that we use to avoid reality. Honesty is the opposite of denial, and 100 times more difficult. Without honesty recovery or the process of recovery will be greatly retarded.

**Memory Verse on honesty: 1 John 1:8,** If we claim to be without sin, we deceive ourselves and the truth is not in us.

Can any man claim to be without sin? \_\_\_\_\_

If they do what are they doing to themselves? \_\_\_\_\_

If we lie to ourselves what is happening to our recovery or finding real freedom from our stuff in life? \_\_\_\_\_

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\_\_\_\_\_

**What does each verse say to you about honesty?**

Romans 12:17 \_\_\_\_\_

\_\_\_\_\_  
Ephesians 4:25 \_\_\_\_\_

\_\_\_\_\_  
Proverbs 11:1 \_\_\_\_\_

\_\_\_\_\_  
Proverbs 16:8 \_\_\_\_\_

\_\_\_\_\_  
Luke 16:10-13 \_\_\_\_\_

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\_\_\_\_\_

What is your assessment of how God looks upon a person's honesty, to others, \_\_\_\_\_

\_\_\_\_\_  
To Self \_\_\_\_\_

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What are some the hindrances you face when dealing with your emotions and feelings honestly? \_\_\_\_\_

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How hard is it for you to look at your sinful, addictive or abusive behaviors honestly? \_\_\_\_\_

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Have you told others honestly of the areas of your life that you are struggling? \_\_\_\_\_ If so how did they respond? \_\_\_\_\_

Do you feel as though you need to talk with some one about the areas of life in which are struggling? \_\_\_\_\_

Can you do it honestly and openly? \_\_\_\_\_ Do you know some one you can talk with? \_\_\_\_\_

What's topping you if your aren't ? \_\_\_\_\_

Are you struggling with forgiving yourself today? \_\_\_\_\_ Honestly what must you do? \_\_\_\_\_

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Psalm 51:6, What does God want for you to be filled with? \_\_\_\_\_

1 Peter 3:8-12, What are a few of the things that Peter wants you to learn from these verses? \_\_\_\_\_

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**What must I do to be honest with myself and then be willing to apply that truth to my life?**

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**Keep reading your Proverbs a day the wisdom in you is ever growing and becoming more useful!**